

## Microwaveable Pita Pizza

1 lb Meadowbrook's Lean Ground Beef	¼ cup
chopped green pepper	
1/3 cup chopped Sawler's Onions	¼ tsp ground
oregano	
¼ tsp salt	¼ tsp garlic
powder	
8 oz Valley Mushrooms' (Button) chopped	8 oz
tomato sauce	
4 whole-wheat pita breads	1 large chopped
Bosveld's tomato	
1 ½ cup grated Farmer's mozzarella and Foxhill's	
Parmesan cheese	

Place ground beef, green peppers, and onions in a microwave safe casserole dish and cover with wax paper. Microwave on high for 3-4 minutes or until ground beef is no longer pink. Stir and drain. Add oregano, salt, garlic powder, mushrooms and tomato sauce. Mix well. Use whole bread as crusts. Spread mixture on pitas and sprinkle with chopped tomato and cheeses. Microwave one pita at a time on a microwave safe rack for 2 minutes or until cheese is melted.

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